



Kentucky High School Athletic Association

National Federation Football Rules Part II Examination 2004 Playing Season

Name: _____

Date: _____

This examination is divided into several parts. For each part, you should carefully read the instructions to ensure that you complete the answer sheet in the proper fashion. The answer sheet is to be completed in #2 pencil, and the test and answer sheet shall be turned in to the person proctoring the exam. You may discuss your answers in a small group; however, you may not use Rules Books, Simplified and Illustrated Books, Case Books, Officials Manual, or the Handbook to determine your answers. Persons administering the exam are to disregard the answer sheet of any official found to have used printed materials for the answers.

For questions that are true / false, fill in box 1 if true, box 2 if false. For multiple choice questions, blacken in the oval (1-5) corresponding to the most appropriate answer. You should record your answer in the column on the right, so that you may compare your answers at a later meeting when the test is reviewed.

##	Section/Situation 1 – Fundamentals and Background. Answer each question 1 for True, 2 for False	KEY
1	No live ball foul causes the ball to become dead.	1 Fund II-2
2	The coach coming into the huddle cannot have the headset on, nor can the trainer bringing out the water put on the head set.	2 2-6, 3-5-8
3	During the coin toss, all of the non-captains can gather at the numbers and/or the hash marks as long as none of them go past the wing official.	2 KHS
4	If weather conditions postpone a contest, and one or more of the teams decide that a re-scheduled date is not possible, the teams can declare the game a no-contest.	2 3-1-4
5	An authorized and notarized note from a physician can substitute for the official KHSAA Form FB116 in allowing a player to play with a padded cast.	2 KHS
6	The Head Coach can designate another coach to attend the pre-game toss ceremony so that he may stay in the locker room for his final pep talk.	2 KHS
7	During the coin toss, the teams may only have four captains go to the center of the field for the toss and meeting even in the state finals.	1 KHS
##	Section /Situation 2 - Running Clock Situations- In questions 8-10, Answer each question 1 for True, 2 for False. For all of these examples, assume that the 45 point differential has been reached and it is after halftime.	KEY
8	The clock shall stop for a charged time-out by either team and start on the ready for play.	2 KHS
9	The clock shall resume normal rule book operation if the margin of lead gets back within 45 points anytime after the running clock procedure has been invoked.	2 KHS
10	The clock shall stop for an approved TV/radio time-out and shall start on the snap.	1 KHS
##	Section /Situation – 3 -Scrimmage Kick Plays- In questions 11-12; it is 4th and 10 from the 50. K1's punt is fielded by R1 at the R20 and returned to the R26. What will be the situation if the penalty for each of the following is accepted? Select the best answer and blacken in that answer on the bubble sheet.	KEY
11	While the kick is in flight, K2 interferes with R1's movement to the ball at R's 18. 1. K's ball, 4th and 25, K's 35 2. R's ball, 1st and 10, R's 33 3. R's ball, 1st and 10, R's 35 4. R's ball, 1st and 10, R's 41	1 6-5-6
12	Before the ball is kicked but after the snap, K32 holds R42 at K's 48. 1. K's ball, 4th and 20, K's 40 2. K's ball, 4th and 22, K's 38 3. R's ball, 1st and 10, R's 30 4. R's ball, 1st and 10, R's 36	2 9-12-1, 10-4-2b
##	Section /Situation - Basic Rules Review. For questions 13-37, select the best answer and blacken in that answer on the bubble sheet	KEY
13	K's ball 4th and 5 from R's 45. Team K is in illegal formation at the snap, and K1's punt rolls into the end zone. While the ball is loose, R1 blocks K2 below the waist at R's 30. Which of the following is true? 1. This is an automatic double foul, so it is still K's ball 4th and 5 from R's 45. 2. If R declines K's foul, it is R's ball 1st and 10 from R's 20. 3. If R declines K's foul, it is R's ball 1st and 10 from R's 15. 4. If R declines K's foul, it is R's ball 1st and 10 from R's 10.	4 10-2-2
14	On a two-point try, A 1 fumbles at team B's four yard line. The ball is at rest there when B 3 muffs it. The ball rolls across the end line. 1. It's a safety; team A scores one point. 2. It's a safety; team B scores two points. 3. A will kick off. 4. B will kick off. 5. 1 and 3 only are correct.	5 8-5-2-b, 8-3-3
15	4th and 5 from K's 35. K1's punt is fielded by R1 at R's 30 and returned to R's 40. During the kick, K74 holds. While the kick is in flight beyond the neutral zone, R2 blocks K2 below the waist at R's 35. Which of the following is true? 1. If R declines K's foul, it will be R's ball 1st and 10 from R's 15. 2. If R declines K's foul, it will be R's ball 1st and 10 from R's 20. 3. If R declines K's foul, it will be R's ball 1st and 10 from R's 25. 4. This is a double foul and the down will be replayed.	1 10-2-2
16	A's ball, second and goal from B's seven yard line. A 1 fumbles at B's five yard line. The ball is rolling toward B's goal line when B 6, at his own three yard line, intentionally kicks the ball through the end zone and over the end line. The covering official rules the ball would have rolled into the end zone had B 6 not kicked it. 1. B 6 is guilty of illegally kicking the ball. 2. If A declines the penalty, it's a safety and B scores two points. 3. If A declines the penalty, it's a touchback; the next play will be first and 10 for B from its own 20 yard line. 4. If accepted, the penalty is enforced from B's five yard line. 5. 1, 3 and 4 are all correct	5 9-7-1

17	K's ball 4th and 10 from K's 40. K1's punt is fielded by R1 at R's 35 and returned to R's 45. What will be the situation if the penalty is <u>accepted</u> when While the punt is in the air, R2 pushes K2 in the back above the waist at R's 40? <ol style="list-style-type: none"> 1. K's ball 1st and 10 from the 50. 2. R's ball 1st and 10 from R's 35. 3. R's ball 1st and 10 from R's 30. 4. R's ball 1st and 10 from R's 25. 	4 10-4-3, 2-16-2g
18	A1 is on his line of scrimmage and in the free-blocking zone. B1 is in the free-blocking zone but not on his line of scrimmage. While the ball is still in the zone, which of these may legally occur in the zone by A1 against B1? a. Blocking Below the Waist, b. Blocking in the Back, c. Clipping <ol style="list-style-type: none"> 1. b only 2. b and c only 3. a and c only 4. a, b, and c 	1 2-17-4
19	During a down in which A1 scores a touchdown, B1 intentionally grasps A2's face mask. <ol style="list-style-type: none"> 1. If accepted, the penalty will be enforced on the succeeding kickoff. 2. If accepted, the penalty will be enforced on the try for point. 3. A may choose to have the penalty enforce on either the succeeding kickoff or the try for point. 4. Te penalty is automatically declined. 	2 10-5-1f, 8-2-2
20	When utilizing the "running clock," the clock will remain running in all of the following <u>except</u> : <ol style="list-style-type: none"> 1. When a player is in need of equipment repair. 2. When the ball goes out-of-bounds. 3. When the pass is incomplete. 4. When the referee declares a first down. 	1 KHS
21	A has two timeouts remaining. With the clock running late in the first half, substitute A 12 runs from the team area onto the field and next to the line judge, who is standing closer to the sideline than the nine-yard marks. A 12 requests a timeout. The timeout request: <ol style="list-style-type: none"> 1. Is granted. 2. Is not granted until A 12 is positioned between the nine-yard marks. 3. Is not granted until A 12 is positioned between the hash marks. 	1 3-5-2a, 2-30-15
22	Immediately following K1's successful try-for-point, the referee discovers that the kicking tee used is illegal. If accepted, this will result in: <ol style="list-style-type: none"> 1. Repeating the try after a five-yard penalty. 2. Repeating the try after a fifteen-yard penalty. 3. A successful try with a five-yard penalty on the succeeding kickoff. 4. A successful try with a fifteen-yard penalty on the succeeding kickoff. 	4 9-8-1h
23	K's ball 4th and 10 from K's 40. K1's punt is fielded by R1 at R's 35 and returned to R's 45. What will be the situation if the penalty is <u>accepted</u> when After R1 catches the punt, R2 clips K2 at R's 40? <ol style="list-style-type: none"> 1. K's ball 1st and 10 from R's 45. 2. R's ball 1st and 10 from R's 30. 3. R's ball 1st and 10 from R's 25. 4. R's ball 1st and 10 from R's 20. 	3 10-4-4
24	During the pre-game, A's head coach shows the Umpire a cast being worn by center A 55, who has a broken arm. After being inspected by the Umpire, the cast meets all specifications of the rule requiring padding, etc. However, the coach cannot produce a physician's note. <ol style="list-style-type: none"> 1. The player is permitted to play since the cast is properly padded 2. The doctor's note is only necessary for an open wound 3. Without a physician's written documentation, and regardless of any other factor, A55 may not participate wearing the cast. 	3 1-5-3c
25	Which of the following items of equipment is illegal? <ol style="list-style-type: none"> 1. A bandana worn completely under the helmet. 2. Gloves that meet rules regarding visible labels and material and are of a color that contrasts that of the opposing team's jerseys. 3. A properly fastened two-point chin strap. 4. A towel regardless of size with a team logo 5. 1 and 4 only. 	5 1-5-3
26	3rd and 10 from A's 30. A74 holds at the A24. A's pass is intercepted by B1 who returns the ball for a touchdown. Which of the following are true: <ol style="list-style-type: none"> 1. B must decline A's foul to keep the ball at the A1, 1st and goal. 2. B can accept the foul against A, and keep the touchdown with the foul enforced on the try. 3. B can accept the foul against A, and keep the touchdown, with the foul enforced on the kickoff. 4. B must decline A's foul to keep the touchdown 	4 8-2-2
27	K's ball 4th and 10 from K's 40. K1's punt is fielded by R1 at R's 35 and returned to R's 45. What will be the situation if the penalty is <u>accepted</u> when before the ball is kicked, R2 holds K2 at the line of scrimmage? <ol style="list-style-type: none"> 1. K's ball 1st and 10 from the 50. 2. R's ball 1st and 10 from the 50. 3. R's ball 1st and 10 from R's 35. 4. R's ball 1st and 10 from R's 25. 	1 2-16-2g, 10-4-3
28	3rd and 10 from A's 30. A74 holds at the A24. A's pass is intercepted by B1 who returns the ball and is tackled at the A 1 yard line. Which of the following are true: <ol style="list-style-type: none"> 1. B must decline A's foul to keep the ball at the A1, 1st and goal. 2. B can accept the foul against A, and keep the ball (B) with the foul enforced succeeding spot. 3. Both A and B are true. 4. Neither A or B are true. 	1 10-1-1
29	K's ball 3rd and 10 from R's 20 with time running out. K1's field goal attempt to win the game is tipped at the line and goes out of bounds at R's 10. While the ball is loose, R1 inadvertently grabs K2's face mask at R's 6. If the penalty is accepted, it will bring up: <ol style="list-style-type: none"> 1. K's ball 3rd and 5 at R's 15. 2. K's ball 1st and 10 at R's 5. 3. R's ball 1st and 10 at R's 5. 4. R's ball 1st and 10 at R's 3. 	4 2-16-2g, 10-4-3

41	is complete to A 89 at A's 40. 1. A's ball 1st and 15 from A's 25. 2. A's ball 1st and 25 from A's 15. 3. A's ball 2nd and 15 from A's 25. 4. A's ball 2nd and 25 from A's 15. 5. There is no foul.	1 7-5-12
42	is complete to A87 at A's 40. 1. A's ball 1st and 15 from A's 25. 2. A's ball 1st and 25 from A's 15. 3. A's ball 2nd and 15 from A's 25. 4. A's ball 2nd and 25 from A's 15. 5. There is no foul	4 7-5 Table
##	Section /Situation - Basic Rules Review. For questions 43-65, select the best answer and blacken in that answer on the bubble sheet	KEY
43	During an authorized time-out held within 5 yards of the sidelines, any number of team members may be involved	1 2-6-2a
44	During an authorized time-out held within 5 yards of the sideline, only two coaches may participate	2 2-6-2a
45	A punt may be used for a free kick following a fair catch	2 2-23-3, 8
46	A player's towel may have a ball-drying product applied to it only when the umpire has approved the application	2 1-5-3
47	Forward pass interference can occur behind, in or beyond the neutral zone	2 Fund VII-5
48	Prior to the game, the head coach shall be responsible for verifying to the Referee only, that all of his team's players are equipped in compliance with the rules	2 1-5-4
49	A kick ends as soon as R1 touches the kick	2 2-23-2, Fund IV-1
50	Following a change of possession, if an inadvertent whistle is sounded, the down must be replayed	2 4-2-3
51	There is a one-minute intermission following a try, successful, field goal, or safety and prior to a free kick	1 3-5-7m
52	On a free kick from K's 40, the clock should be started when K1 first touches the kick on K's 48	2 2-12-1, 3-4-3, 6-1-6
53	The clock will start with the snap following the enforcement of a "delay of game" penalty	1 3-4-3b,c
54	After the ball becomes dead and it appears that the ball has reached the line-to-gain, the covering official shall stop the clock	1 3-5-8
55	The head coach may come onto the field and request the nearest official to grant a time-out	2 1-2-3e, 9-8-1
56	The sleeves on the jersey must fully cover the required shoulder pads and any hard surface auxiliary attachments.	1 1-5-1h
57	If the helmet of the tackler comes off in making contact with the runner, the ball becomes dead immediately.	2 4-2-2k
58	The home team shall wear its white or light-colored jerseys.	2 1-5-1d4
59	Gloves without the (NF/NCAA specifications) label or stamp may be worn, if made of unaltered plain cloth.	1 1-5-2c
60	Tear-away jerseys may be worn if both coaches agree to use them.	2 1-5-3j
61	If a player's eye shield does not permit visual examination of his eyes, it is illegal equipment.	1 1-5-3n
62	Removable shoe cleats shall not exceed 1/2 inch in length.	1 1-5-1g
63	A player's jersey number must be block style.	2 1-5-1d
##	Section /Situation - Basic Rules Review. For questions 64-65, select the best answer and blacken in that answer on the bubble sheet	KEY
64	During a kickoff (Free Kick), while the kick is in flight, R1 blocks K2 below the waist at mid-field. The kick is recovered by R2 on the R30 and he is downed at the R35. K has the following options: 1. Accept the R illegal block foul with enforcement from the R30 as a post scrimmage kick foul 2. Accept the R illegal block foul with enforcement from previous spot with a re-kick 3. Accept the R illegal block foul with enforcement from the R35 at the end of the run	2 10-3-1
65	Question will be disregarded in grading the test. Answer 1 should have stated "enforcement of the hold" instead of "enforcement of the clip", thereby making option 5 the answer. However, as printed, only number 2 is correct. Due to the confusion, it will be eliminated. K1 is in scrimmage kick formation, 4th and 2, K20. K has only six men on the line of scrimmage. K's scrimmage kick is in flight when R2 holds K2 at midfield. R3 catches the ball at the R20 and advances to the R40. During the return, R4 clips at the R31. Which of the following are true: 1. R may decline K's formation foul and keep the ball following the enforcement of the <u>holding foul</u> clp with the ball at the R10 (since the R16 clipping enforcement is less disadvantageous to K) 2. R may accept K's formation foul and create a double foul and a re-kick. 3. K may decline R's fouls and then if R accept K's foul, it is enforced and a re-kick occurs after enforcement. 4. All of the above 5. 1 and 2 only	5 10-2-2